



Bedford Recreation Department

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Bob Cormier

Bob is a long time student of the Martial Arts of Tai Chi and Karate. He holds a Third Degree Black Belt in Uechi-Ryu Karate.

Since 2005, Bob has been a student of Yang Style Tai Chi at Oriental Healing Arts Association under the tutelage of Eugene Gaudreau, Master Instructor and Headmaster of the Association. Bob has been teaching Tai Chi since 2005.

Bo is employed by Digital Equipment Corporation. In addition to his "day job" and martial arts passion, Bob has also enjoyed teaching scuba diving as a Master Dive Instructor for more than thirty years.